

## SPORTS PHOTOGRAPHY TIPS:

- Field events typically require a 100mm to 300mm lens (remember to factor in your 'digital factor' 1.5x or 1.6x etc if it applies),
- Indoor events often require 17mm to 100mm lenses with an f2.8 aperture,
- Check your White Balance for the conditions you are shooting in, if you know what the 'color temperature' is or can achieve the correct temperature using a WB setting (Tungsten, daylight etc) other than 'AUTO' (AWB),, use the pre-set rather than Auto for consistent color. (Can save post-processing adjustments),
- If the lighting is all about the same brightness - establish an exposure (ISO, Shutter speed and Aperture) and set it manually in "M" mode. This way all images will come out with the same exposure - (Can save post-processing adjustments).
- A camera setting option to consider if you have '**Auto ISO**' - use 'S' or 'T' (shutter priority) mode at a shutter speed that will stop action (1/250 or faster,, depends upon the sport), set 'Auto ISO' and let the camera adjust aperture and ISO as needed for each pix,
- Monopods (or tripod with only one leg extended) can help steady your camera and allow freedom of movement,
- Flash usually **is not** allowed,
- Use higher ISO's (400 to 1600+ depending upon your camera) can provide faster shutter speeds to stop 'action' and camera shake.
- Take a plastic bag to cover equipment incase of rain,, or to kneel on if you want to get down low and not mess up your clothing,
- Carry only the equipment you need,,, not everything in your photographic arsenal,
- Try to anticipate actions and take lots of pictures,
- Look for human interest in addition to action shots,
- Carry extra batteries and media cards,
- If working in low light bring a pocket flashlight.